

NATURAL REMEDIES IN THE PLACE OF ANTIBIOTICS

Website: [Healthy Christian Living - Living by the Blueprint](http://HealthyChristianLiving.com)

What does one do instead of Antibiotics, which Medical Industry is now saying are Non-Effective?

- Below is a list of problems people get antibiotics for listed with what you can do naturally for the problem.

EARACHE REMEDY:

- 1/4 - 1/3 cup Olive oil
- 6-8 cloves of garlic chopped

- Put the olive oil in a small pot on the stove and turn on flame low, then
- Add the chopped garlic and only keep in long enough until the oil is heated, but garlic is not cooked

Do not cook the garlic, just heat garlic long enough to get allicin properties out, but not to cook

- Remove from heat and let cool
- You can strain the garlic and put this oil in a glass jar and keep in a dark place(somewhere in your cabinet).
- When needed, dip a cotton ball in the oil and then put 3-4 drops into affected ear
- Plug ear with either tissue or small piece of cotton ball

*****CAUTION: DO NOT USE THIS REMEDY IF THE PERSON PUNCTURED THE EAR DRUM**

You should find out if they were putting anything in their ear before the pain started by using an OTOSCOPE



COLD/FLU REMEDY(aka Russian Penicillin or Nature's Penicillin):

- 3 Grapefruit (cut in 1/8ths...squeeze juice into stock pot and put peels in there as well)
- 2 Onions (chopped in medium sized pieces)
- 2 Lemons (cut in 1/4ths; squeeze juice into pot and put peels in the pot as well)
- Garlic bulbs(not the small cloves but the whole bulb) peeled and chopped fine
- 1 t. cayenne pepper
- 1/2 t. peppermint oil (optional, but highly recommended...see below where to purchase)***
- 1/2 tsp Echinacea(optional)
- 8 c. water

*****Put all ingredients into a stock pot. Bring to a boil, then turn flame down, cover, and simmer x 10 minutes.**

Drink 1/2 cup every half hour...

ONE RECIPE IFS FOR ONE PERSON FOR ONE DAY

*****CAUTION: DO NOT USE GRAPEFRUIT IF YOU ARE ON STATINS(medications for cholesterol), or SOME BLOOD PRESSURE MEDICATION.**

USE ORANGES INSTEAD IF YOU ARE NOT DIABETIC.

If you are diabetic, use 5 lemons.

ANOTHER COLD/FLU REMEDY:

In a large Coffee Mug, more like a soup Mug, put the following:

- Juice of two lemons
- 1/4 - 1/2 t. cayenne pepper
- 4 garlic cloves chopped
- 1 inch piece of fresh ginger grated
- 1 t. Vitamin C powder(if you don't have the powder, give them 1000 mg tablet or capsule the first hour in the morning, then 500 mg every hour x 8 hours
- 2 drops of Eucalyptus oil (don't worry if you don't have it)***
- 1 T. honey
- Fresh squeezed juice of 1/2 grapefruit (optional, but this is great stuff...never give to someone who is on cholesterol meds)

*****Pour boiling water over this and cover with a saucer for 15 to 20 minutes...and drink...this works like a charm*****

*****continue on next page*****

STREP THROAT:

- Gargle with 1-2 capsules of Goldenseal Root powder in warm water ALONG WITH OTHER REMEDY BELOW
May purchase Nature's Way brand from www.vitacost.com

ALSO:

- ¼ c. honey from Trader Joe's, a Farmer's Market, or Honey Farm (best not to use raw honey with this recipe)
- 16 cloves of fresh garlic chopped or mince
- 1 tsp. cayenne pepper (90,000 heat units....may use store kind, but do 2 tsp., instead of 1)

*****Mix the above well.** Take ½ tsp. every ½ hour x 12 hours. OR 1 tsp. every hour x 12 hours. In 12 hours, you would have finished the concoction.

*****YOU MUST FOLLOW protocol 100% or this will not be effective**

*****One recipe is for one person for a 12 hr period**

PNEUMONIA/LUNG INFECTIONS:

- Immediately, into 1 ½ inches of warm water in a small cup, put 1 full dropper of Lobelia Tincture + 2 full droppers of Mullein Tincture. ALSO
- Place a couple of drops each of Eucalyptus and Peppermint Oil into a pot of boiling water and stand over inhaling
OR
- place 2 drops of each in the HHN (Hand Held Nebulizer) Eucalyptus oil and Peppermint oil with a little (approx. 1 tsp.) water in the handheld nebulizer to do breathing treatments
- Do this breathing treatment for about 10 minutes
- Also, adding 1 drop of Propolis in the Hand Held Nebulizer (HHN) will help zap the bacteria out of the lungs
- Also do water treatments to chest/back area where lungs are (10 minutes hot, followed by 10 seconds cold rub... Do 3 rotations of this/2 x day
- Also do deep breathing exercises in the open air
Inhale as hard as you can in through your nose, hold to the count of 10, then exhale as hard as you can
Be sure your stomach inflates when you inhale through your nose, or you are breathing incorrectly
Do 5 sets of these at one time/2 x day/once in the morning and once in the evening
Be sure to do these outside if possible, or near a window with your mouth close to the screen
- Also, rub Eucalyptus oil (3 drops) and Peppermint oil (3 drops) mixed into pure Olive Oil (1/3 c.)
Rub over chest/back lungs area AND on the bottom of the feet...Be sure to put socks on
- One more thing...
- Eat 2 cloves of raw garlic/2-3 x day

FOR ASTHMA ATTACK:

- 1 dropperfull of Lobelia (by Herb Pharm) + 2 dropperfulls of Mullein (by Nature's Way)

1. Put those dropperfuls into 1 ½ inches of warm water in a small cup
2. Stir in and drink
3. Do this 2 x day

NOTE: THIS MAY BE USED FOR ALL BREATHING DIFFICULTIES
Tinctures should be non-alcoholic

BRONCHITIS:

- Do the same as for Lung infections/Breathing problems listed at the top
Eat 2-6 large cloves of garlic every day as long as not on any blood thinners

Affected Lung Remedy:

1/2 c. water

1/2 tsp. pure Olive Oil (not sure what the oil is for)

3 drops Oil of Oregano

3 drops of Thyme Oil

DON'T MIX. JUST DRINK UP

THIS WORKS WONDERS

P.S. I still recommend doing the HOT FOMENTATIONS TO THE LUNGS front and back x 10 minutes with a 5 second cold rub in-between, repeating this process 2 more times.

TOOTHACHE:

- **Clove Oil + Activated Charcoal**

1. Mix 1-2 tsp. activated charcoal with a couple drops of clove oil (by Revive-eo.com OR NOW)
2. Add a few drops of water.
3. Mix and spread in quarter size piece of gauze, folding the gauze inward, then placing back over infected tooth area
4. May spread a charcoal paste over the jaw area on the outside of mouth as well

MRSA:

AKA Staph Infection

The best two foods to eat and apply topically are:

- Honey (from Trader Joe's, a Honey Farm, OR Farmer's Market)
 - Garlic
1. Juice garlic or mince finely and mix with honey the juice of a whole garlic + ¼ to 1/3 c. honey
 2. Mix and apply to area
 3. Eat 1 Tbsp. honey 1-2 x day
 4. Eat 2 cloves garlic 2-3 x day
 5. Do this x 7 days

NOTE: Mix a couple of drops of coriander seed oil(cilantro seed) in this mixture for even better results

OR may use the drops by themselves

ALSO, take 1-2 drops by mouth(internal use kind) per directions

MAY ORDER FROM → www.revive-eo.com

Use my Account → CBIBLICAL01 so You can get 10% off of everything

VERY IMPORTANT TO KNOW:

Doctors and Medical Science are now saying that Antibiotics are really no longer effective

<http://www.dailymail.co.uk/news/article-2477273/Weve-reached-end-antibiotics-Top-CDC-expert-declares-miracle-drugs-saved-millions-match-superbugs-people-overmedicated-themselves.html>

NOTE: To have these remedies demonstrated OR to Learn more remedies like these, please call

C:(208)217-5285

*****To order therapeutic grade pure essential oils from a non-multi-level-marketing company,**

Go to → www.revive-eo.com AND put in CBIBLICAL01 for a 10% discount off of every product

These are the least expensive, pure quality essential oils

When we teach the medical missionary work, we are teach it in the least expensive methods (MM 266.3)